

Table 11: Metric Equivalents by Volume

Customary Unit (fluid ounces)	Metric Unit
1 cup (8 fl oz)	236.59 milliliters (mL)
1 quart (32 fl oz)	946.36 milliliters (mL)
1.5 quarts (48 fl oz)	1.42 liters (L)
33.818 fl oz	1.0 liter (L)