

Table 1: Abbreviations and Symbols

Abbreviation	Meaning
AP	as purchased
EP	edible portion
incl	including
excl	excluding
cyl	cylinder
pkg	package
No.	number
approx.	approximately
wt	weight
oz	ounce
lb	pound
g	gram
kg	kilogram
vol	volume
tsp	teaspoon
Tbsp	tablespoon
fl oz	fluid ounce
c	cup
pt	pint
qt	quart
gal	gallon
mL	milliliter
L	liter
oz eq	ounce equivalent