

Table 7: Converting Decimal Equivalents to the Nearest Portion of a Cup for Fruits and Vegetables

If decimal equivalent is	The recipe contributes
0.125–0.249	$\frac{1}{8}$ cup
0.250–0.374	$\frac{1}{4}$ cup
0.375–0.499	$\frac{3}{8}$ cup
0.500–0.624	$\frac{1}{2}$ cup
0.625–0.749	$\frac{5}{8}$ cup
0.750–0.874	$\frac{3}{4}$ cup
0.875–0.999	$\frac{7}{8}$ cup
1.000–1.124	1 cup