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## Resources

### Where to Order or Download Publications

#### Team Nutrition

Team Nutrition, an initiative of the United States Department of Agriculture's Food and Nutrition Service, supports national efforts to promote lifelong healthy food choices and physical activity by improving the nutrition practices of the Child Nutrition Programs (CNP). We provide resources to schools, child care settings, and summer meal sites that participate in these programs.

All Team Nutrition resources are available on the Team Nutrition website ([TeamNutrition.usda.gov](https://TeamNutrition.usda.gov)). Schools, child care providers (centers, sponsors, and day care homes), and summer meal sites that participate in CNP may request free printed copies of certain materials. Printed materials may also be requested by the school districts and State agencies administering the CNP. Eligible entities may request printed copies using our online order form (<https://pueblo.gpo.gov/TN/TNPubs.php>).

For more information about Team Nutrition visit our website at [TeamNutrition.usda.gov](https://TeamNutrition.usda.gov) or contact:

Team Nutrition  
1320 Braddock Place  
Alexandria, VA 22314  
Phone: (703) 305-1624  
Fax: (703) 305-2549  
E-mail: [teamnutrition@usda.gov](mailto:teamnutrition@usda.gov)

#### Institute Of Child Nutrition (ICN)

The Institute of Child Nutrition (ICN), located at the University of Mississippi, is committed to improving the operation and quality of all CNP. This is accomplished through staff development programs, training experiences, educational materials, and a national satellite network. The institute is the only federally funded national center dedicated to applied research, education and training, and technical assistance for child nutrition programs. It is funded by a grant from USDA's Food and Nutrition Service.

For information on food service, food preparation, meeting the *Dietary Guidelines for Americans*, food safety or available videos and training packages, visit the website at <https://theicn.org> or contact:

Institute of Child Nutrition, The University of Mississippi  
P.O. Box 1848  
6 Jeanette Phillips Drive  
University, MS 38677  
Phone: (800) 321-3054  
Fax: (800) 321-3061  
E-mail: [helpdesk@theicn.org](mailto:helpdesk@theicn.org)

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## Quick Website Reference Guide

### Food and Nutrition Service Publications

CHILD AND ADULT CARE FOOD PROGRAM BREAKFAST MENU PLANNER FOR CHILDREN  
3 THROUGH 18 YEARS OF AGE

<https://www.fns.usda.gov/tn/its-breakfast-time>

CHILD AND ADULT CARE FOOD PROGRAM SNACK MENU PLANNER FOR CHILDREN  
3 THROUGH 18 YEARS OF AGE

<https://www.fns.usda.gov/tn/lets-make-snack>

CHILD NUTRITION RECIPE BOX

<https://theicn.org/cnrb>

CREDITING HANDBOOK FOR CACFP

<https://www.fns.usda.gov/tn/cacfp/crediting-handbook>

CREDITING TIP SHEETS IN CHILD NUTRITION PROGRAMS

<https://www.fns.usda.gov/tn/cn/crediting-tipsheets>

MENU PLANNER FOR SCHOOL MEALS: PLANNING, PREPARING, SERVING,  
AND MARKETING HEALTHY MEALS

<https://www.fns.usda.gov/tn/menu-planner>

MULTICULTURAL RECIPES FOR CACFP

<https://www.fns.usda.gov/tn/recipes-cacfp>

OFFERING MEATS AND MEAT ALTERNATES AT SCHOOL BREAKFAST

<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

OFFERING SMOOTHIES AS PART OF REIMBURSABLE SCHOOL MEALS

<https://www.fns.usda.gov/tn/offering-smoothies-part-reimbursable-school-meals>

REDUCING ADDED SUGARS AT SCHOOL BREAKFAST

<https://www.fns.usda.gov/tn/sbp/reducing-added-sugars>

TEAM NUTRITION RECIPES

<https://www.fns.usda.gov/tn/tn-nutrition-recipes>

WHOLE GRAIN RESOURCE FOR THE NATIONAL SCHOOL LUNCH AND SCHOOL BREAKFAST  
PROGRAMS

<https://www.fns.usda.gov/tn/whole-grain-resource>

### Food and Nutrition Service Useful Resources

CHILD NUTRITION PROGRAMS

<https://www.fns.usda.gov/cn>

FOOD AND NUTRITION SERVICE (FNS)

<https://www.fns.usda.gov>

FOOD BUYING GUIDE CALCULATOR

<https://foodbuyingguide.fns.usda.gov>

FOOD BUYING GUIDE FOR CHILD NUTRITION PROGRAMS INTERACTIVE WEB-BASED TOOL

<https://foodbuyingguide.fns.usda.gov>

FOOD BUYING GUIDE FOR CHILD NUTRITION PROGRAMS MOBILE APP

<https://www.fns.usda.gov/tn/food-buying-guide-mobile-app>

TEAM NUTRITION

<https://www.fns.usda.gov/tn>

TOOLS FOR SCHOOLS

<https://www.fns.usda.gov/school-meals/tools-schools>

USDA FOODS DATABASE

<https://www.fns.usda.gov/usda-fis/usda-foods-database>

USDA FOODS IN SCHOOLS

<https://www.fns.usda.gov/usda-fis>

USDA FOODS PRODUCT INFORMATION SHEETS FOR CHILD NUTRITION PROGRAMS

<https://www.fns.usda.gov/fdd/nslp-usda-foods-product-information-sheets>

**Institute of Child Nutrition Resource Center**

ICN RESOURCES AND DOCUMENTS

<https://theicn.org>

USDA RECIPE STANDARDIZATION GUIDE FOR SCHOOL NUTRITION PROGRAMS

<https://theicn.org/cicn/usda-recipe-standardization-guide-for-school-nutrition-programs>

**United States Department of Agriculture Useful Resources**

AGRICULTURAL MARKETING SERVICE (AMS)

<https://www.ams.usda.gov>

DIETARY GUIDELINES FOR AMERICANS

<https://health.gov/our-work/food-nutrition>

FOOD AND NUTRITION INFORMATION CENTER (FNIC)

<https://www.nal.usda.gov/fnic>

FOOD SAFETY AND INSPECTION SERVICE (FSIS)

<https://www.fsis.usda.gov>

NATIONAL AGRICULTURAL LIBRARY (NAL)

<https://www.nal.usda.gov>

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## NATIONAL NUTRIENT DATABASE FOR STANDARD REFERENCE

<https://fdc.nal.usda.gov>

<https://www.ars.usda.gov/northeast-area/beltsville-md-bhnrc/beltsville-human-nutrition-research-center/nutrient-data-laboratory/docs/usda-national-nutrient-database-for-standard-reference>

## Other Federal Resources

### CENTER FOR FOOD SAFETY AND APPLIED NUTRITION (CFSAN)

<https://www.fda.gov/food>

### CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)

<https://www.cdc.gov>

### FEDERAL REGISTER

<https://www.federalregister.gov>

### FOOD AND DRUG ADMINISTRATION (FDA)

<https://www.fda.gov>

### NUTRITION.GOV

<https://www.nutrition.gov>

### UNITED STATES ENVIRONMENTAL PROTECTION AGENCY (EPA)

<https://www.epa.gov>

## Food Safety Resources

### CENTERS FOR DISEASE CONTROL AND PREVENTION FOOD SAFETY

<https://www.cdc.gov/foodsafety>

### FIGHT BAC! PARTNERSHIP FOR FOOD SAFETY EDUCATION

<http://www.fightbac.org>

### FOOD SAFETY AND INSPECTION SERVICE (FSIS)

<https://www.fsis.usda.gov>

### FOODSAFETY.GOV (including Food Recalls and Alerts)

<https://www.foodsafety.gov>

### FOOD SAFE SCHOOLS ACTION GUIDE

<https://www.fns.usda.gov/fs/foodsafeschools>

### FSIS MOBILE APPLICATIONS

<https://www.fsis.usda.gov/news-events/news-press-releases/news-feeds-subscriptions>

### INSTITUTE OF CHILD NUTRITION FOOD SAFETY ONLINE COURSES

<https://theicn.org/icn-resources-a-z/food-safety>

## **Food and Nutrition Service Regional Offices**

### **Mid-Atlantic Regional Office**

Mercer Corporate Park

300 Corporate Boulevard

Robbinsville, NJ 08691-1598

(609) 259-5025

Delaware, District of Columbia, Maryland, New Jersey, Pennsylvania, Puerto Rico,  
Virginia, West Virginia

### **Southeast Regional Office**

61 Forsyth Street SW, Room 8T36

Atlanta, GA 30303-3415

(404) 562-1801

Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee

### **Midwest Regional Office**

77 West Jackson Boulevard, 20th Floor

Chicago, IL 60604-3507

(312) 353-6664

Illinois, Indiana, Iowa, Michigan, Minnesota, Ohio, Wisconsin

### **Southwest Regional Office**

1100 Commerce Street, Room 522

Dallas, TX 75242-980

(214) 290-9800

Arizona, Arkansas, Louisiana, New Mexico, Oklahoma, Texas, Utah

### **Mountain Plains Regional Office**

1244 Speer Boulevard, Suite 903

Denver, CO 80204-3581

(303) 844-0300

Colorado, Kansas, Missouri, Montana, Nebraska, North Dakota, South Dakota, Wyoming

### **Western Regional Office**

90 Seventh St. Suite 10-300

San Francisco, CA 94103

(415) 705-1310

Alaska, California, Hawaii, Idaho, Nevada, Oregon, Washington, Guam, Commonwealth of the  
Northern Mariana Islands, American Samoa

### **Northeast Regional Office**

10 Causeway Street, Room 501

Boston, MA 02222-1069

(617) 565-6370

Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island, Vermont, Virgin  
Islands