

Food Buying Guide for Child Nutrition Programs

Section 5

Milk

Section 5 - Milk

1. Food As Purchased, AP	2. Purchase Unit	3. Servings per Purchase Unit, EP	4. Serving Size	5. Purchase Units for 100 Servings	6. Additional Information
MILK, FLUID¹					
Milk, fluid <i>Skim or Nonfat milk, Low-fat milk, Whole milk, Low-fat lactose-free milk, Low-fat reduced-lactose milk, Fat-free lactose-free, Fat-free reduced-lactose milk, (includes unflavored or flavored)</i>	Gallon	16.00	1 cup milk (1/2 pint milk)	6.30	
	Gallon	21.30	3/4 cup milk	4.70	
	Gallon	32.00	1/2 cup milk	3.20	
	Quart	4.00	1 cup milk (1/2 pint milk)	25.00	
	Quart	5.30	3/4 cup milk	18.90	
	Quart	8.00	1/2 cup milk	12.50	
	1/2 Pint (8 fl oz)	1.00	1 cup milk (1/2 pint milk)	100.00	
3/4 Cup (6 fl oz)	1.00	3/4 cup milk	100.00		
Milk, fluid <i>Skim or Nonfat milk (unflavored/flavored), Low-fat milk (unflavored), Low-fat lactose-free milk (unflavored), Low-fat reduced-lactose milk (unflavored), Fat-free lactose-free (unflavored/flavored), Fat-free reduced-lactose milk (unflavored/flavored)</i>	Cup (4 fl oz)	1.00	1/2 cup milk	100.00	

NOTE: For Footnotes please see the end of the section.

Footnotes: Milk

¹ See the Milk Introduction section of this guide for specific program requirements. Contact your State agency for additional guidance regarding milk options.