# Food Buying Guide for Child Nutrition Programs Section 5 <br> Milk 

Section 5 - Milk

| 1. Food As Purchased, AP | 2. Purchase Unit | 3. Servings per Purchase Unit, EP | 4. Serving Size per Meal Contribution | 5. Purchase Units for 100 Servings | 6. Additional Information |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MILK, FLUID |  |  |  |  |  |
| Milk, fluid ${ }^{1}$ <br> Pasteurized Nonfat milk, Low-fat milk (1\%), Reduced-fat milk (2\%), Whole milk, Lactosefree milk, Lactosereduced milk, Cultured milk such as Cultured buttermilk, Cultured kefir milk, and Cultured acidophilus milk, Acidified milk such as Acidified kefir milk and Acidified acidophilus milk, and UItra High Temperature (UHT) Milk; (includes unflavored or flavored) | Gallon | 16.00 | 1 cup milk (1/2 pint milk) | 6.30 |  |
|  | Gallon | 21.30 | 3/4 cup milk | 4.70 |  |
|  | Gallon | 32.00 | 1/2 cup milk | 3.20 |  |
|  | Quart | 4.00 | 1 cup milk (1/2 pint milk) | 25.00 |  |
|  | Quart | 5.30 | 3/4 cup milk | 18.90 |  |
|  | Quart | 8.00 | 1/2 cup milk | 12.50 |  |
|  | $\begin{aligned} & \text { 1/2 Pint (8 fl } \\ & \mathrm{oz}) \end{aligned}$ | 1.00 | 1 cup milk (1/2 pint milk) | 100.00 |  |
|  | 3/4 Cup (6 fl oz) | 1.00 | 3/4 cup milk | 100.00 |  |
|  | $\begin{aligned} & \text { 1/2 Cup (4 fl } \\ & \mathrm{oz}) \end{aligned}$ | 1.00 | 1/2 cup milk | 100.00 |  |

## Footnotes: Milk

${ }^{1}$ See the Milk Introduction section of this guide for specific program requirements. Contact your State agency for additional guidance regarding milk options.

